



UPSTATE
CARING PARTNERS

COMPLEX DEVELOPMENTAL DISABILITIES EXTERNSHIP OVERVIEW

Upstate Caring Partners is excited to offer a cutting-edge summer externship experience for undergraduate students eager to explore career opportunities within the field of intellectual and developmental disabilities (IDD). Externship openings are available in our school-age, adult, and preschool programs. This externship is ideal for students intending on pursuing careers and possibly advancing education in the fields of applied behavior analysis, psychology, social work, medicine, teaching, and/or therapy.



Undergraduate externs will gain exposure to professional skills, activities, and evidence-based practices used for the education and treatment of children and adults with complex developmental disabilities and co-occurring psychiatric, medical, dietary, motoric, and sleep disorders. While funding for these positions are not guaranteed, since the development of the externship we have been able to offer these as paid positions. Applicants will be notified of the funding status during the interview process.

SUPERVISOR/ MENTOR

All externs will be assigned a supervisor/mentor who will be responsible for ensuring a quality externship experience. Weekly supervision sessions will allow for processing the experience and feedback.

KNOWLEDGE & SKILLS

Based on the goals of the externship, a training plan will be developed that incorporates opportunities to build knowledge and practice skills.

MEASURABLE GOALS

Early on in the externship process, measurable goals and timelines will be developed between the externs and mentor/supervisor. All externs will be actively involved in research and present their findings at the end of the externship.

CAREER EXPLORATION

Externs will participate in a weekly career exploration group where they will have the opportunity to reflect on their experiences and network with other professionals.

FOR MORE INFORMATION

Email: Upstate.Careers@Upstatecp.org

Visit: upstatecp.org/externship

